

## **The National Family Planning Board Library – A Critical Resource for Reproductive Health Issues**

The National Family Planning Board (NFPB), empowered by the 1970 National Family Planning Act, is the agency of Government responsible for preparing, carrying out and promoting sustainable family planning services in Jamaica.

The organisation is guided by a mission “to play a leading role in identifying, developing, promoting and co-ordinating national policies and programmes that recognize the rights of the individual to high quality Family Planning services appropriate to their Reproductive Health needs and status, in keeping with Government objectives and the international environment.”

### **The Role of Library in Fulfilling NFPB’s Mission**

The Board maintains a staffed special library where the public and members of staff can access information pertaining to reproductive health including, child abuse, teenage pregnancy, maternal and child health, drug abuse, puberty, menstruation, parenting and family planning options on which a wealth of information can be found in various books, journals and other publications. The

philosophy that underpins the operation of the library is one which sees information as an important empowering tool. Explained further, this empowerment promotes self awareness which fosters proactive action on the part of individuals to avert the dangers of risky sexual lifestyles, practices and behaviours.

### **Benefits to the Public**

Youth of all ages are invited to come in at their leisure to conduct research on school - related projects or learn more about reproductive health matters that affect their well-being. Guidance Counselors of schools and health practitioners of health facilities and hospitals across the island may find the resources helpful tools for their jobs, thereby broadening the scope of their knowledge on specific issues and applications to the workplaces and communities in which they serve.

### **Business Hours**

The library is opened to the public Mondays to Thursdays from 8:30 am to 4:30 pm and on Fridays from 8:30 am to 3:30 pm.

### SPECIAL EVENTS OBSERVED BY THE NATIONAL FAMILY PLANNING BOARD

- SAFE SEX WEEK
- INTERNATIONAL WOMENS DAY
- WORLD HEALTH DAY
- CHILD MONTH
- WORLD POPULATION DAY
- WORLD CONTRACEPTION DAY
- BREASTFEEDING MONTH
- FAMILY PLANNING WEEK
- WORLD AIDS DAY

### Location and Contact information

We are currently located at 5 Sylvan Avenue, Kingston 5, and can be contacted at the following numbers: 968-1627/968-1633.

### Services Offered Include:

- Assistance with research on reproductive health issues.
- Photo-copying of resource materials.
- Internet searches on Reproductive Health issues.
- Sale of the Reproductive Health Survey (RHS) and other publications of the NFPB.

### Types of Collection

- Reference – Dictionaries, Maps and manuals
- Jamaican – NFPB's history, annual reports, Jamaican surveys and reports.

- General – Materials displayed under various subject headings.
- Serials – Journals and periodicals

### Examples of Resources Useful to Counselors and General Public

#### **ADOLESCENT SEXUAL REPRODUCTIVE HEALTH ISSUES**

1. Name of Publication: *Jamaican Guidelines for Comprehensive Sexuality Education – pre- school through age 24 1<sup>st</sup> edition, 2008.*

#### **Summary**

This report aids in advancing and guiding the education of sexual health in Jamaica. Topics discussed include human development, relationships, sexual behaviour, life skills, sexual health and society and culture. This resource assists young people to develop a positive view of sexuality and provides them with information they need to take care of their sexual self.

## Additional Books and Reports

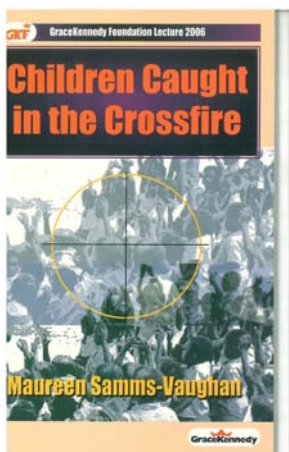
1. Name of Publication: *Reproductive Health Survey 2008 Jamaica*



### **Summary**

The 2008 Jamaica RHS is a collection of important demographic and reproductive health indicators. These indicators are used to examine health trends and set targets for improvement, allocate resources, and monitor performance of reproductive health, HIV and adolescent programs.

2. Name of Publication: *Grace Kennedy Lecture, 2006 Children Caught in the Crossfire* –  
Maureen Samms-Vaughan



### **Summary**

*Children Caught in the Crossfire* was published as part of the Grace Kennedy Foundation Lecture for 2006. The

book explores childhood from its historical roots to its current state in Jamaica. Topics covered include, the challenges of childhood, poverty,

Family and Family Life Education, Health and healthy lifestyles, violence and child abuse and adolescence.

3. Name of Publication: *Health & Family Life Education curriculum*  
*Grades 1 – 6*

### **Summary**

The Health and Family Life Education curriculum information where students can develop skills required to make healthy life choices and, to maintain healthy behaviors for the betterment of themselves and society. The book explores topics such as self and interpersonal relationships, sexuality & sexual health, appropriate eating & fitness and managing the environment.

4. Name of Publication: *Promoting Child Rights Through Research*

*Selected Papers from the Caribbean Child Research Conference 2006 – volume 1*

Edited by Aldrie Henry- Lee and Julie Meeks Gardner

### **Summary**

The book examines the Child Rights agenda in the Caribbean and provides a brief situational analysis of the status of children in the Caribbean. The care and protection of children - one of the most vulnerable groups in the society is seen as integral to the development process. Cognizant of this, the editors share research findings and issues related to children, to strengthen the network of researchers of children issues; to encourage research priority, as well as other important but neglected areas.

5. Name of Publication: *Male Underachievement in High School Education in Jamaica, Barbados, and St. Vincent and the Grenadines*. Parry, Odette, 2000.

### **Summary**

This research focuses on male education, which has become a regional concern. It reflects on the wider social anxiety about the plight of men, black men in particular, and has culminated in the “marginalized male” thesis, which has gained much popular support as well as academic attention. The book includes appendixes with policy options and practical solutions and a summary of research findings.

6. Name of Publication:

*The state of the World's Children  
2009 (maternal and newborn Health)*

U.N.I.C.E.F 2008

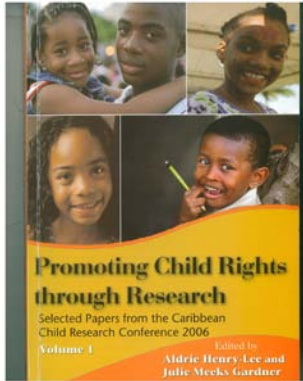
7. Name of Publication: *Jamaica Guidelines for Comprehensive Sexuality Education 1<sup>st</sup> Edition-Farmland 2008*



8. Name of Publication: *Generation of Change – Young People and Culture* U.N.F.P.A 2008

9. Name of Publication:

*Promoting Child Rights Through Research  
Selected Papers From the Caribbean Child Research  
Conference- Edited by Adrie Henry and Lee Meeks  
Gardner 2008*



**Names and Dates of Issue of Additional Publications Available to Counselors and General Public**

- 11. *Youth Sexual Culture and Social Response to HIV/AIDS in Central America and the Caribbean.* U.N.F.P.A 2008
- 12. *Jamaica Health and Lifestyle Survey 2007 – 2008*  
U.W.I Research Unit Mona 2008
- 13. *Women centre of Jamaica Foundation Report 2008*
- 14. *Demographic Statistics 2007-2008*  
Statistical Institute of Jamaica
- 15. *Health and Family Life Education Curriculum Grades 1-6 /grades 7 – 9, 2<sup>nd</sup> edition - M.O.H and U.N.I.CE.F 2007*
- 16. *A Curriculum for Parents of Adolescents*

J.A Style 2007

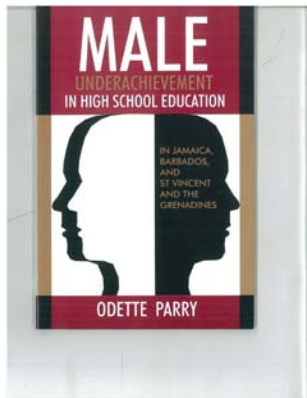
- 17. *National Plan of Action for Orphans and Other children Made Vulnerable by HIV/AIDS in Jamaica .,* 2007
- 18. *National Family Planning Board Statistical Report*  
National Family Planning Board 2007
- 19. *Children Caught in the Crossfire*  
Maureen Samms Vaughn 2006
- 20. *Promoting Change in the Behavior of Youth*  
Pathfinder International., 2005
- 21. *The Child Care and Protection Act 2004-Implementation Handbook for professionals – C.D.A 2004*
- 22. *Adolescent male survivability in Jamaica 2002*  
Youth now.



- 22. *Challenging Masculine Myths: Gender, History Education and Development in Jamaica (With Emphasis on the*

*Education of Males)* Verene A. Shepherd –  
2002 Planning Institute of Jamaica.

23. *Male Underachievement*



*in High School  
Education, in  
Jamaica, Barbados  
and St. Vincent and  
the Grenadines.*  
Odette Parry 2000

- 24. *The Young  
Adults Reproductive Health Survey*

The National Family Planning Board, 2002.

### **Resources Beneficial to Youth**

25. Name of Publication: *Learning to be a man:  
Culture, Socialization and Gender Identity in five  
Caribbean Communities.* Barry Chevannes. The  
University of the West Indies Press, 2001.  
Date of Issue: 2001

26. Name of Publication: *Young men: A  
Christian Boy's Guide to Teenage Sexuality.*  
Jonathan and Ana Gallagher. Autum House  
Publishing. Grantham, England, 1997.  
Date of Issue: 1997

27. Name of Publication: *So You're a Teenager:  
Vital facts for Girls.* Dr. James Wright. Inter-  
American Division Publishing Association,  
U.S.A, 1999.

Date of Issue: 1999

28. Name of Publication: *So You're a Teenager:  
Vital facts for Boys.* Dr. John F. Knight.  
Publishing Company, U.S.A, 1989.  
Date of Issue: 1999

### **Contact us**

For further information on how to contact  
us, please see the “Contact us” link on the  
National Family Planning Board website.