

VASECTOMY (MALE STERILISATION)

This is a surgical procedure to block the Vas Deferens or "tie the tubes". It prevents sperm from entering a man's semen. This surgery does not affect the man's ability to achieve an erection or have an orgasm. There will still be a fluid ejaculate, but there will be no sperm in this fluid.

Vasectomy may be recommended for couples who are certain that they want no more pregnancies (Permanent Sterilisation). Vasectomy is not recommended as a temporary or reversible procedure.

Vasectomy can be done in the doctor's office while the patient is awake and is pain-free (using local anaesthesia). A small incision is made in the upper part of the scrotum, under the penis. The tubes (Vas Deferens) are cut and tied. The skin incision is stitched/ closed. The patient is able to return home immediately.

Most men recover quickly with no problems.

After Vasectomy, a man is not immediately infertile. Another contraceptive method must be used until no sperm are found in the man's ejaculate (about three (3) months).

Vasectomy is a permanent method for men who are sure that they will not want more children.

Important Points:

- Permanent method;
- It is a safe, simple, convenient surgery;
- Done in a few minutes in a clinic or office;
- Local anesthetic blocks pain;
- There is a three (3) month delay before the procedure is considered effective;
- No known long term effects. Brief discomfort after procedure; and
- No effect on sexual ability or feelings.

NOTE: This procedure does not prevent transmission of sexually transmitted infections.

Frequently Asked Questions

For other information and frequently asked questions and answers about Male Sterilisation please refer to

(Pages 183-188)

<http://info.k4health.org/globalhandbook/handbook.pdf>