



COPPER T 380A - AN INTRA UTERINE DEVICE (I.U.D)

THE IUD

The IUD is a small, flexible plastic device that is inserted into the uterus by a trained health provider to prevent pregnancy. It is inserted into a woman's uterus through her vagina. The IUD has two (2) strings that come down into the vagina that help you and your health provider know it is in place. The copper - bearing IUD has copper wrapped on the arms and stem of the T. Because the IUD is effective for ten (10) years, it is actually one of the least expensive of contraceptive methods.

How Does it Work?

The IUD works by preventing a fertilised egg from implanting and growing in the cavity of your uterus. It may also slow down sperm and reduce the ability of sperm to fertilise an egg.

Who can use the IUD?

Family Health International has developed checklists for screening clients who want to start some contraceptive methods, for more information on the IUD, please visit the link provided below from the Family Health International website which gives you more information.

<http://www.fhi.org/NR/rdonlyres/esb5yma6mpli3bvon7ebowrycikf5vmfo724oxreh5ks4bwp5zu5qua6dzxoanhaxxwmw26tevh7p/IUDchecklistenrh1.pdf>

Frequently Asked Questions

For other information and frequently asked questions and answers about the IUD please refer to

<http://info.k4health.org/globalhandbook/handbook.pdf>

(Pages 145-153)

Unlike other methods no data is provided on efficacy – need to standardise